

北角協同中學 Concordia Lutheran School - North Point

地址:香港北角雲景道二十號 Address: 20 Cloud View Road, North Point, Hong Kong

Notice to Parents No: 2526/130 Forest Bathing with Tai Tong Sweet Gum Woods

9th December 2025

Dear Parents/ Guardians

In order to help students adapt to the community and strengthen protective factors for mental health, our school is organizing a "Forest Bathing with Tai Tong Sweet Gum Woods". Through visiting the maple forest in Tai Tong, enjoy the beauty of winter, and relax your mind. students will learn to breathe and relax by connecting with nature. The details are listed as follows. Please sign and return the reply slip through eClass Parent App on or before 15th December 2025 (Mon).

Details of the event:

| Name of the Event: | Forest Bathing with Tai Tong Sweet Gum Woods | | |
|--------------------|--|-----------------------|--|
| Date: | 20/12/2025 (Sat) | Teacher(s)-in-charge: | Ms. Cheung Sze Wai, Mr. Poon Wai Kit |
| Time: | 9:30am – 4:00pm | Transportation: | Social Worker will arrange round-trip MTR fare; bus travel costs are not included. (~\$10.2) |
| Venue: | Tai Tong Sweet Gum Woods | Fees: | N/A |
| Assembly Time: | 9:30am | Venue of Assembly: | Exit A, Fortress Hill MTR Station |
| Dismissal Time: | 4:00pm | Venue of Dismissal: | Hong Kong Station |
| Remarks: | The activity includes a simple lunch. Please wear the PE uniform and bring a water bottle. If there is an adverse weather condition and the activity is cancelled, the teacher(s)-in-charge will arrange students to go home under a safe situation as soon as possible. | | |



Name of student: ______ Class: ____ ()

Name of parent / guardian: ______

Signature of parent / guardian: ______

Contact number of parent / guardian: ______

Contact number of student: _____

Date: