



北角協同中學 Concordia Lutheran School - North Point

地址: 香港北角雲景道二十號
Address: 20 Cloud View Road, North Point, Hong Kong

電話/Tel: 2570-0331 傳真/Fax: 2566-0192
網址/Website: <http://www.clsnp.edu.hk/>

Notice to Parents No: 2526/256

Caritas Youth and Community Service - Effective Stress Management Program

7th May 2026

Dear Parents/ Guardians,

In order to promote the ideas of positive parenting among the Non-Chinese Speaking community. Under the Education Bureau commission, Caritas Community Centre (Aberdeen) will hold the event at our school, introduce effective stress management skills, to enhance parent's parenting capabilities. This event is welcome to all Non-Chinese speaking family, the details are listed as follows, the poster are also attached in this notice. Please sign through eClass Parent App on or before **13th May 2026 (Wed)** if you are interested to join this event.

Details of the event:

Name of the Event:	Caritas Youth and Community Service - Effective Stress Management Program		
Date:	16/5/2026(SAT)	Teacher(s)-in-charge:	Mr Chiu Sung Hei, Ms. Wong Chuk Kwan
Time:	2pm – 4:15pm	Transportation:	N/A
Venue:	School Hall	Fees:	N/A
Remarks:	1. The activity is operated by Caritas Community Centre (Aberdeen) 2. If you have any enquiry, you may also contact Ms. Sadaf 3. No need to wear school uniform to join this event.		

Should you have any enquiries, please contact teachers-in-charge at 2570 0331.

Yours faithfully

Mr. Lee Kin Lim Larry
Principal



<Reply Slip>

Notice to Parents No: 2526/256

Caritas Youth and Community Service - Effective Stress Management Program

Please return this slip through eClass Parent App on or before 13th May 2026 (Wed)

Dear Principal,

I acknowledge the receipt on the above notice on “Caritas Youth and Community Service - Effective Stress Management Program”, and I will join this event.

Name of student: _____ Class: ____ ()

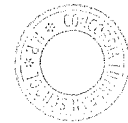
Name of parent / guardian: _____

Signature of parent / guardian: _____

Contact number of parent / guardian: _____

Contact number of student: _____

Date: _____





Organised by:
Caritas Youth and Community Service

EFFECTIVE STRESS MANAGEMENT

-Commissioned by Education Bureau-

**TARGET PARTICIPANTS
FOR PARENTS OF
NON-CHINESE
SPEAKING STUDENTS**

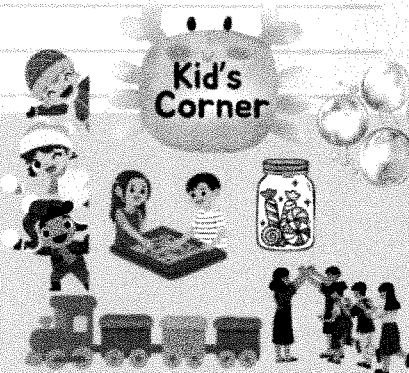
Date: 16/05/2026 (Saturday)
Time: 2:00 pm - 4:15 pm
Venue: Concordia Lutheran School (North Point)
Address: 20 Cloud View Road, North Point, Hong Kong



PROGRAMME CONTENT:

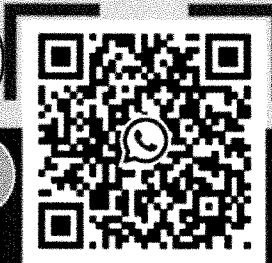
1. Understanding Stress
2. Dried Flower Ornaments Workshop
3. Building A Support Network
4. Activity on Support Circle
5. Talent Show

TALENT SHOW



Gifts only for
Registered Parents

Please leave your name
& your children's name
for enrollment



Phone: 2552 4211 (Ms. Sadaf)
WhatsApp Hotline: 9862 3150



Bus service from
North Point MTR Station

SCAN
ME!